Risk Assessment: Covid 19

Date:	Assessed by:	Location :	Review :
03/06/21	Chris Palmer	Runners-next-the-Sea	4 July 2020

What are the Hazards?	Who might be harmed and how?	What are you already doing?	Risk Rating	What else can you do to control this risk?	Resultant Risk Rating	Action by whom	Target date	Complete
Potential contact with an athlete/ member who has COVID-19.	Members and other athletes may become ill as a consequence	Currently the club has no measures in place other than the suspension of activities	H	• Identify those athletes and members who are particularly at risk (over 70 or that have underlying health issues or are shielded and ensure that they self-isolate. • Ensure number of members/ athletes attending does not exceed current guidance. • Promote Public Health England (PHE) guidance and encourage members/athletes to maintain good hygiene practices. • Training given to coaches on protecting themselves and others from risk of contraction. • Social distancing to be enforced, where possible to remain 2 metres away from each other, no handshakes etc., according to current guidance • Regular hand washing encouraged and sanitiser gel and wipes made available but members encouraged to provide own PPE to meet individuals needs. • Make latest EA guidance available to members • Members/athletes agree not to attend sessions if displaying any symptoms but to follow PHE guidance with regard report of symptoms, test and trace etc.	L	Coaches and all members	On resumption of training sessions and/or social runs	

Coming into contact with surfaces infected by others.	Illness may be suffered if members/ athletes come in contact with virus on surfaces	Currently the club has no measures in place other than the suspension of activities	M	• Sanitiser gel and paper towels made available at training sessions and events but members encouraged to provide own PPE to meet individuals needs • Make latest EA guidance available to members • Avoid routes with gates and similar obstacles	L	Coaches and all members	On resumption of training sessions and/or social runs	
Display of COVID-19 symptoms by members/ athletes	Members/athletes may infect others	Currently the club has no measures in place other than the suspension of activities	M	• Members will be briefed on procedures to be followed should they or another employee display symptoms of the virus. • If a member or athlete becomes unwell with symptoms of COVID-19 they will be sent home and advised to follow current 'stay at home' guidelines. • Make latest EA guidance available to members	L	Coaches and all members	On resumption of training sessions and/or social runs	
Meeting members of the public while running	Danger of contact and upsetting members of the public	Currently the club has no measures in place other than the suspension of activities	H	• Aim to leave 4 metres between runner and public. If 4 metres cannot be met then runner should stop and walk and, if possible, face away from members of the public	L	All members/ athletes	On resumption of training sessions and/or social runs	

For latest Government guidance please visit https://www.gov.uk/coronavirus
For latest England Athletics guidance please visit https://www.englandathletics.org/guidanceupdate